Richmond Community Schools Middle School Lunch Menu — January 2023

Monday	TUESDAY	WEDNESDAY	Thursday	Friday
2 HAPPY NEWYEAR	3 Build-a-Burger w/ Fries Bosco Sticks Chicken Patty Sandwich Deli Sub Carrot Coins Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit Diced Peaches	4 Chicken Alfredo over Rotini Rotini w/ Beef Meat Sauce Pizza Crunchers New Salad Entrees Steamed Broccoli Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit Pineapple Tidbits	5 Lil Caesar Pepperoni Pizza Lil Caesar Cheese Pizza Inside-Out Burger Chicken Sliders Deli Sub Green Beans Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit*	 6 (New Taco Meat) Soft Beef Taco Pepperoni Calzone New Chicken Nuggets Strawberry PB&J Refried Beans with Cheese Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit Applesauce
9 (NEW CHICKEN) Chicken & Waffles French Bread Pizza Corn Dog New Salad Entrees Corn Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit Mixed Fruit	10 (New Healthier Choice) Chili Cheese Fries Bosco Sticks Chicken Patty Sandwich Deli Sub Chicken & Rice Soup Carrot Coins Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit* Diced Peaches	11 Mac & Cheese Rotini w/ Beef Meat Sauce Pizza Crunchers New Salad Entrees Steamed Broccoli Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit Pineapple Tidbits	12 Lil Caesar Pepperoni Pizza Lil Caesar Cheese Pizza Inside-Out Burger Chicken Sliders Deli Sub California Blend Vegetables Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit*	13 (New Taco Meat) Nacho Grande Pepperoni Calzone New Chicken Nuggets Grape PB&J Refried Beans with Cheese Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit Applesauce
16 No School	 17 (New Healthier Choice) Hot Dog w/ Fries Bosco Sticks Chicken Patty Sandwich Deli Sub Beef Vegetable Soup Carrot Coins Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit* Diced Peaches 	18 Half Day	19 Half Day	20 Half Day
23 Sweet & Sour Chicken over Brown Rice French Bread Pizza Corn Dog New Salad Entrees Carrot Coins Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit	 24 (New Healthier Choice) Breakfast for Lunch Bosco Sticks Chicken Patty Sandwich Deli Sub Chicken & Rice Soup Hash Brown Potato Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit Diced Peaches 	25 Rotini w/ Beef Meat Sauce Pizza Crunchers New Salad Entrees Steamed Broccoli Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit Pineapple Tidbits	26 Lil Caesar Pepperoni Pizza Lil Caesar Cheese Pizza Inside-Out Burger Chicken Sliders Deli Sub California Blend Vegetables Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit*	 27 (New Taco Meat) Nacho Grande Pepperoni Calzone New Chicken Nuggets Grape PB&J Refried Beans with Cheese Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit Applesauce
30 Popcorn Chicken Bowl French Bread Pizza Corn Dog New Salad Entrees Corn Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit Mixed Fruit	 31 (New Healthier Choice) Build-a-Burger w/ Fries Bosco Sticks Chicken Patty Sandwich Deli Sub Beef Vegetable Soup Carrot Coins Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit Diced Peaches 	items. A fruit or vegetable serving is req fresh fruit selections will include apples, or grapes Milk choices include fat free or 1% unf fli *Menu Subject to 0 Nutritional information is available on Community Sch	one cup of vegetable items and 1/2 cup of fruit uired with every reimbursable meal. Seasonal anges, watermelon, cantaloupe, bananas, pears, pineapple. lavored, and fat free chocolate or strawberry wored. Change Without Notice* the Food Service web page of the Richmond ool District Website. tunity provider and employer"	Richmond Community Schools Will participate in MI Farm to School. (*) = food choice utilizing MI based items.